

# New Life Center for Mothers and Children

**February 2025**

## *Director's Page*



May the grace of our Lord Jesus Christ be with you; after all we are only here by His grace! Ephesians 2:8-9: “for it is by grace you have been saved, through faith and this is not from yourselves, it is the gift of God, not by works, so that no one can boast. It has not been by our works that we have received this unmerited favor, rather it is His gift to us through salvation.” When Jesus gave His life on the cross, it was then we had been given the ultimate demonstration of grace; His life for ours, our will for His. Thank you, Father! Grace is not just about forgiveness, it should empower us to live a life filled with godliness, integrity, transparency, and to live righteously. It has been His grace that each of our families have had the opportunity to leave their past behind them, give their lives to Him and press toward the mark. Philippians 3:13-14: “brothers, I do not consider that I have made it my own. But forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.” No matter what we face, His grace gives us the strength to endure. I pray that each of our hearts will be filled through His grace and love for us to persevere through life’s hills and valleys! New Life for Mother’s and Children is a haven for the Lord to heal, mend, restore, deliver, disciple; a place where His unmerited favor is laid out like a warm blanket so they can face their past and march toward their future, equipped and ready for whatever He has planned! The beautiful souls He brings here think they are coming because they have life issues that are out of control, and is this true? Yes, but the plan He has for their lives is so much deeper and wider than they realize. You see when they begin to heal, when they begin to understand the word, and when they begin to know the Father’s love, well, they begin to thrive and can receive the grace He offers. I know we all have heard of someone “hitting their bottom,” the “bottom” they hit before making the decision to dedicate the next two years of their life to our discipleship program is the very place the Lord can begin to build them up. When a seed goes into the ground it must be broken for the life it has in it to spring forth, but brokenness is not the end; most of the time it is the beginning of something beautiful. Our home is full, praise God, and it is filled with broken vessels the Lord is putting back together through His love and grace. Women and children who have an assignment to fulfill, but first, He is teaching them they are His daughters. Being His son or daughter is the safest place we can dwell. You, too, are His child! Receive His love and march forward with His grace. May the Lord keep you and bless you at all times.



# Meredith's Story

Hello, my name is Meredith and I'm 47 years old. I was born in Perry, GA and at the young age of 3 my parents divorced. My mom's job transferred her, so my sister and I moved to Durham NC, where I was raised. When I was 5 years old my mom met the man who would become my stepdad. I would still visit my dad in Georgia during the summer and he soon met my now stepmom. They both eventually moved to NC to be closer to my sister and me. I grew up with 2 sets of parents with completely different views, morals, and parenting styles. One was Southern Baptist and in the other, nothing was dealt with, and there was no emotion or nurturing. It was all performance based, and all things were swept under the rug. By the time I was a young teenager, I became very rebellious. By this time in my life, I had already experienced mental and physical abuse from my mother. Molestation from a step grandparent who was an alcoholic, and I witnessed him drinking and doing perverted things. So, abandonment, rejection, and trauma were already part of my story at a young age. At the age of 12, I accepted Jesus into my heart and was baptized. Not knowing how to cope with pain, I self-medicated soon after with toxic relationships, weed, and alcohol. My mom soon put me in Weight Watchers and I also started antidepressants at this time. I learned how to numb my pain and run from God early on in life but even through all of this I knew I was different. God never stopped pursuing me. I got pregnant at the age of 19 and was living with my parents. My mom forced me to have an abortion or else I would be homeless. My sister, also pregnant at the time, was told to take me. We left there and she was still pregnant, but I wasn't. I truly feel this is what started my struggle with PTSD even still to this day. Through my twenties I worked, went to college, changed vehicles and relationships, even where I lived to just find SOMETHING to help. I soon met my ex-husband, and we had Joshua, my 17-year-old. The betrayal, abandonment, and pain were hard. I soon turned to gastric bypass to lose weight. Surely this would make me better, but it didn't. If anything, it made me worse. I soon turned to cocaine, pills, and alcohol. I attempted suicide soon after because I just could not manage anything any longer. I never dealt with my divorce, and I soon lost everything I had worked 25 years for; house, car, everything gone. Joshua soon went to live with his dad, and then I turned to the streets. I was broken, homeless, and heavily addicted to crack. I started getting arrested and one of the times in jail I met a pastor who knew about New Life for Girls. In 2019 I made the call. I needed help. I was vomiting and couldn't keep anything down. I thought it was the drugs but soon found out I was pregnant with my son Caleb. He has gone through the whole 6 yr journey, graduating in 2022 from NLFG, was staff, then back and forth from recovery to drugs. Still running from God. I would surrender, allow God to heal a layer at a time, and then run. Now I'm back at New Life for Mothers and Children allowing God to heal the pain from my divorce that I had stuffed down for years. Today I know my identity, my worth, and I now have purpose. I'm the generational curse breaker for my family and generations to come. I can forgive today and see all my hurt through the eyes of Jesus. All the people who hurt me are now forgiven because I've hurt many and Jesus commands us to forgive. I'm no longer a slave to fear, rejection, or man's approval. All my pain had a purpose, and it was to help other people. I can now look up and say Thank you Jesus for protecting my son, Joshua, and removing him from my care 7 years ago so he could live the life he deserves. I now have a chance to raise Caleb up in the way that is pleasing to the Lord, and I can speak life over him and Joshua through the Spirit. I have about 3 more months of classes until I intern. Obedience and trusting the Lord fully is my focus now. I don't need to run anymore; now I run only to Him! All Glory to Jesus!



MARCH  
**22**  
SATURDAY

## WOMEN OF VALOR Conference

Guest speaker

**DETAILS TO FOLLOW**

*Given in honor of Megan Mundis to benefit New Life Center for Mothers and Children.*

**FREEDOM COMMUNITY CHURCH | \$25 TICKET**  
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